

A WORD ON WORSHIP

REVIEW OF MESSAGE FROM MAY 8, 2016

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Mark 1:35-37

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. Simon and his companions went to look for him, and when they found him, they exclaimed: "Everyone is looking for you!"

The demands on mothers are awesome. We all should have read Proverbs 31 at some time in our lives and wondered who could ever live up to such an example? Just look at the demands of everyday life - planning family meals, going grocery shopping, working, making meals for finicky children and husbands. Throw on top of that the stamina to deal with medical problems such as ear aches, flu and runny noses and providing counseling services for a child who was just in a fight with the kid next door. And then as circumstances require, provide homework review after taxi service to little league, dance class and the dentist. And somewhere in the middle of this entire schedule moms are expected to remain strong, joyful and true.

As the TV commercial once asked, "what's a mother to do?"

The family's needs are a tremendous burden for all moms. But there is another need that mothers have that often gets lost in the business of being mom. Jesus spent time with two women who reveal an important lesson: Martha and Mary. Martha was distracted over her responsibilities in the home while at the same time Mary found time to sit at the feet of the Lord and listen to His words. This caused a conflict between the sisters.

Jesus did not dismiss the value of Martha's important work but He did recognize that Mary had chosen wisely in coming into His presence. In fact Mary, when she poured out perfume on the feet of Jesus, understood more about who He was than even the disciples knew after they spent three years with Him. Unlike Martha at that time, Mary had developed priorities in her time spent with the Lord that allowed her to absorb the meaning of Christ's life into hers. The danger of becoming engulfed with the details and duties of life can deny us a seat at the feet of the Savior. The work at hand was important to Martha, and obviously still HAD to get done. But in comparison for Mary, it was not the most important thing.

Listen to the advice of Jesus to His disciples after a time of busy ministry told in Mark 6:30-31: "The apostles gathered around Jesus and reported to him all they had done and taught. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." This direction also applies to moms and all those who work in the Body of Christ. Everyone needs quality time alone with the Lord in His Word. Our natural tendency is we get so busy that we meet ourselves coming and going and then omit the much-needed rich nourishment that only the Lord can provide.

Since today is Mother's Day, my question for you, Mom, is this: Are you so busy coming and going that you do not take time to sit at the Lord's feet and listen to His Word and take your burdens to Him? Make time this week to come into His rest.



Sunrise Community Church
Come acknowledge the Lord in our midst
EVERY SUNDAY BEGINNING AT 8:45 A.M.

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